

Protocol Adherence
Blues Program (2021) Session 1

Rater: _____

Date of Rating: _____

School: _____ Cohort (Group): _____ Facilitators: _____

- 100 = Perfect! Absolutely all material in the section was presented exactly as written (100%).
- 90 = Excellent. All key concepts and almost all material in the section were presented (95%).
- 80 = Very good. All key concepts were presented but some supporting material skipped (90%).
- 70 = Good. Most key concepts of the section were presented (80%).
- 60 = Fair. One key concept was not presented (70%).
- 50 = Mediocre. The majority of key concepts were presented but significant gaps (60%).
- 40 = Minimal adherence. The majority of key concepts were presented but poorly (50%).
- 30 = Poor. The majority of the key concepts were not presented (<50%).
- 20 = Very poor. Material of this section was mentioned only very briefly (10%).
- 10 = No adherence. The section was skipped entirely.

Rating	Segment/Content
_____	= Welcome and Overview
_____	= Confidentiality
_____	= Making Connections
_____	= Triangle of feelings, thoughts, and actions
_____	= Changing Thinking
_____	= Changing Doing
_____	= Benefits
_____	= Home Exercises

Protocol Adherence
Blues Program (2021) Session 2

Rater: _____

Date of Rating: _____

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Rating Segment/Content

- _____ = Review and Check in
 - _____ = Changing thinking (Thinking more positively)
 - _____ = Changing thinking (What's the alternative?)
 - _____ = Changing doing (Rewards)
 - _____ = Home Exercises
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Protocol Adherence
Blues Program (2021) Session 3

Rater: _____

Date of Rating: _____

School: _____

Cohort (Group): _____

Facilitators: _____

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Rating Segment/Content

_____ = Review and Check in

_____ = Changing thinking (Where's the Evidence?)

_____ = Changing doing (complete contract)

_____ = Benefits

_____ = Home Exercises

Protocol Adherence
Blues Program (2021) Session 4

Rater: _____

Date of Rating: _____

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Rating	Segment/Content
_____	= Review and Check in
_____	= Changing thinking (What if it's true?)
_____	= Changing doing (New ways of coping)
_____	= Home Exercises

Protocol Adherence
Blues Program (2021) Session 5

Rater: _____

Date of Rating: _____

School: _____

Cohort (Group): _____

Facilitators: _____

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Rating Segment/Content

_____ = Review and Check in

_____ = Changing thinking (Planning Ahead and Daily Hassles)

_____ = Changing doing (Future Fun)

_____ = Rewards

_____ = Benefits

_____ = Home Exercises

Protocol Adherence
Blues Program (2021) Session 6

Rater: _____

Date of Rating: _____

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Rating Segment/Content

_____ = Review and Check in

_____ = Changing thinking (Planning Ahead and Major Life Events)

_____ = Changing doing (Planning future fun)

_____ = Hopes and Goal Review

_____ = Summary review and statements
