**LifeSkills Training (LST) Training**

Last updated 10/17/2018

**LST Training:**
LST Training is facilitated by a national LST Trainer over two-days. Trainings are in-person at your school/location and a maximum of 20 people can be trained over the two-day period. To request a quote of what it will cost for you to host a training at your location/school and/or to schedule training, please contact NHPA: lstinfo@nhpamail.com or 1-800-293-4969.

**Pennsylvania Statewide Training Workshops:**
The EPISC Center works to connect sites who are interested in hosting training workshops in PA to reduce costs. Please contact the EPISC Center at 814-863-2568 to see if there is an already scheduled training workshop being hosted in PA that would fit your needs.

**Booster Training:**
Booster trainings are encouraged for those who have already completed the two-day core training and who have experience implementing the LST curriculum.

**Trainer of Trainers Training:**
The cost to train a Trainer of Trainers (TOT) can also be provided by the LST Developer. This training occurs in New York. Please contact NHPA for further information: lstinfo@nhpamail.com or 1-800-293-4969.