

Training Requirements for Aggression Replacement Training® (ART)

The following are the training requirements for the ART® program:

- Initial three (3) day facilitator training with Master Trainer/Consultant Mark Amendola, or his designated ART® Trainer
 - Includes one (1) year of Fidelity Management
 - Travel costs (mileage, lodging, meals) for the Master Trainer are not included and should be budgeted out separately.)
- One (1) day Booster Training
- Agency Trainer (TOT) training/process
 - It is recommended that your organization budget for 1-2 Agency Trainers to address attrition and sustainability of the ART program.
- Support/Fidelity Monitoring – These costs are included in the initial facilitator training. However, you must budget separately if your agency's facilitators are trained through other means (i.e. attends another agency's training.)
 - Includes check-in calls and visits for the first year of implementation
 - On-site observations of sessions
 - Review of video tapes, moving toward facilitator proficiency rating
- Fidelity Verification Visit
 - This visit occurs in Year 2 of your grant. The visit will be on-site and include a letter and recommendations to PCCD regarding quality of program implementation.

What materials are required?

- Available from Research Press <http://www.researchpress.com>
- [It is noted that prices for the listed curriculum and questionnaires will constantly fluctuate due to sales, etc.](#)
 - ART Curriculum and supporting books (*Recommend 1 for each pair of facilitators*):
 - [Aggression Replacement Training®, Third Edition Revised and Expanded](#) (includes CD containing reproducible forms and handouts)
 - [Skillstreaming the Adolescent, Third Edition](#)
 - [Skillstreaming the Elementary School Child, Third Edition](#) (*needed for youth under the age of 14 or youth at low literacy or developmental levels*)
 - [How I Think Questionnaire \(HIT\)](#) (includes manual and packet of 20 questionnaires)
(*Should purchase 2 questionnaires for each youth to be served. This is for both pre- and post-curriculum delivery.*)
 - [Aggression Replacement Training®, Spanish Version](#) (includes CD containing reproducible forms and handouts) (*to be utilized only if you are implementing ART with Spanish-speaking youth*)

- Skillstreaming – Children and Youth with High-Functioning Autism (*note that implementing ART with Autistic youth is considered an adaptation of the curriculum and will be addressed within the training/consultations with Mark Amendola*)
- Available from Western Psychological Services (WPS)
<http://www.wpspublish.com/store/p/2661/aggression-questionnaire-aq#purchase-product>
- Aggression Questionnaire (AQ) (includes manual and packet of 25 autoscore answer forms)
(Should purchase 2 autoscore answer forms for each youth to be served. This is for both pre- and post-curriculum delivery.)

Additional materials information:

- Duplicating costs for pre/post measures and miscellaneous materials should be included and will vary by site.
- The ideal ART® budget will address costs related to administration of pre/post measures and data entry.

***Please utilize the Education & Treatment Alternatives Pricing List for specific costs (ETA Pricing List).**