

Training Requirements for Familias Fuertes (FF)

Facilitator Training

- A three (3) day facilitator training is provided by Iowa State University, similar to the training expectations for SFP 10-14. An additional 1-2 days of training may be scheduled, depending on the needs of the site. This additional day(s) would be to specifically review the curriculum in Spanish with the bi-lingual Master Trainer. It is noted that each site will have different training needs, based on whether the site has previously trained facilitators in SFP 10-14. Facilitator training for Familias Fuertes will be tailored to the individual needs of the site. Please contact the EPISCenter Familias Fuertes Implementation Specialist for more information.
- Expect an 8:00 a.m. – 5:00 p.m. schedule over the 3-5 days of training. Participants must attend each entire day of training to earn their facilitator certification.
- A Spanish-speaking Master Trainer in Familias Fuertes will be scheduled for your site's training. Additional trainers from either Iowa State University or Pennsylvania will also be available, based on site needs.
- Those individuals who will be facilitating the program, as well as those who will be coordinators and fidelity observers during implementation of Familias Fuertes will be expected to attend the full training.
- You will need to provide a meeting space for the facilitator training, as well as coordinating meals/refreshments. You will also need to have a laptop, projector/screen, and a DVD/CD player available.
- You will need to have ordered and received the instructor manuals, DVD/CD set, and poster set prior to the facilitator training.
- You will need to obtain a letter from the EPISCenter acknowledging your request for training.

Costs of Training

- At this time, regardless of the number of facilitators being trained, the cost of training = \$5,400 *(This cost may be less if your site is already SFP 10-14 trained, however you will need to initially budget the maximum amount.)*
- Travel for the facilitator training (1 trainer) = \$1,700
 - Add an additional \$1,700 in travel costs for each additional trainer needed (2-3 trainers are expected to provide training to your site).

Costs of Curriculum & Materials

- Curriculum and additional resources can be obtained at:
<https://www.extension.iastate.edu/sfp10-14/content/familias-fuertes>
- Note: There will be S&H in addition to the required materials. Please budget accordingly.



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