

## Eligible Program Activities and Expenses for Aggression Replacement Training® (ART)

All program costs will need to be justified by the implementation plan and proposed number of youth served.

- Applicants will need to provide evidence that the Master Trainer/Consultant, Mark Amendola, is prepared to provide training to your site. This evidence must consist of a letter from Mark Amendola to the applicant recognizing the request for training in the event that funding for implementing ART® is awarded.
- Under this funding opportunity, initial facilitator training is required to facilitate the program. Please refer to the “Training” heading for specific information and costs.
- Costs for the training/certification of “Agency Trainers” (1-2 people) who will be able to train new ART® facilitators within the same organization. This will account for staff attrition/sustainability of the program after funding ceases (typically occurs in Year 2 of implementation).
- Grantees will be required to use the following questionnaires as pre/post testing tools:
  - How I Think Questionnaire
  - Aggression Questionnaire
  - Skillstreaming Checklist
- Costs related to the Master Trainer/Consultant and his travel/lodging/meals expenses.
- Costs related to program coordination, data collection, compensating facilitation staff and meeting space requirements are allowable expenses, however when considering sustainability it is preferred that these costs are covered by the applicant from the beginning of implementation or reduced significantly during subsequent budget years within the funding period.
- Curriculum materials:
  - Aggression Replacement Training®, Third Edition Revised and Expanded
    - *Includes CD containing reproducible forms and handouts.*
  - Skillstreaming the Adolescent, Third Edition
  - Skillstreaming the Elementary School Child, Third Edition
    - *Needed for youth under the age of 14 or youth at low literacy or developmental levels.*
  - How I Think (HIT) Questionnaire
    - *Includes manual and packet of 20 questionnaires.*
    - *You should plan on purchasing 2 questionnaires for each youth to be served. This is for both pre- and post-curriculum delivery.*
  - Aggression Questionnaire (AQ)
    - *Includes manual and packet of 25 autoscore answer forms.*
    - *You should purchase 2 autoscore answer forms for each youth to be served. This is for both pre- and post-curriculum delivery.*
  - Aggression Replacement Training®, Spanish version
    - *To be utilized only if you are implementing ART with Spanish-speaking youth.*
  - Skillstreaming – Children and Youth with High-Functioning Autism
    - *Note that implementing ART with Autistic youth is considered an adaptation of the curriculum.*

- Transportation provided for youth to get to and from the group meeting locations. This is for the community-based implementation of ART.
- Costs for two (2) networking meetings and one (1) New Grantee Orientation (located in State College, PA) per year should be included (up to \$1,200/year). Costs for hotel (if necessary), mileage, and meals will need to be broken out in both the budget detail and narrative.
- Fidelity Verification will be provided on site by Mark Amendola as part of the ongoing training process. This will occur in Year 2, Quarter 1 of your grant funding period. This cost is \$3,500 plus travel.